

Dear Parents,
(tbd)

Practical Life

Time to set the table! This week we encourage you to have your child help prepare for a family meal by setting the table. Please provide your child with the necessary utensils, plates, drinking glasses, and napkins for your meal. Demonstrate how to set one place properly and allow your child to use this as a model to complete the other place settings.



We also suggest having your child place any other necessary extras, such as salt and pepper, neatly on the table as well.

Encourage your child to help with these each day. Eventually, your modeled place setting will no longer be needed but please provide it until your child can set the table with confidence. As a fun additive, your child may wish to make place setting labels for each member of the family.

Sensorial

Let's use our sense of touch! It's fun to play guessing games and this one focuses on your child's sense of touch.

Here's what you'll need:

- a selection of familiar objects from around your home (we do not recommend anything fragile for this game)
- a bag to hide the objects in
- a blindfold



How to play:

- Without your child seeing the objects, hide them in a bag.
- Have your child wear a blindfold. If he/she is not comfortable, they can simply close their eyes. But no peeking!
- Ask your child to reach into the bag and pick an object.
- Give ample time for your child to explore the object with only their sense of touch.
- Ask him/her to guess what the object is.
- Repeat with the remaining objects.
- Talk with your child about how they were able to guess what each object was. What did they feel? Use vocabulary like smooth, rough, and bumpy as well as heavy and light or even cold and warm.

Purpose:

- Sensorial activities help children build their sense of order and refine their senses. They provide opportunities for children to explore and make sense of the world around them, provide practice in making comparisons and judgement, and build awareness.

Language

Act it out! In the classroom, we often use what are called command cards. For readers, the command cards provide an opportunity for meaningful practice and create a connection between the written word and actions we take in real life. For those who are not yet ready to read, the activity helps develop the connection between written and spoken language. For all children, the command cards are a first introduction to verbs (though we are not using that term just yet).

What to do:

- Print out and cut the command cards that have been shared with you.
- Have your child select a card and read the word aloud. If your child is not yet able to read independently, help them sound out the word or read it to them.
- Ask your child to do whatever is written on the card.
- Challenge: Print and use the second set of provided command cards. These include additional words and descriptions (such as quickly or slowly) for your child to read and act out.

Math

Quick and easy counting! Practice recognizing numbers and counting to various amounts is good reinforcement for one to one correspondence (this is the idea that numbers correspond to a specific quantity).

Here's what you'll need:

- number cards
- something to write with
- objects for your child to retrieve that are placed in a container (You can use anything you like but some examples are large beads, Cheerios, and Legos.)

1	2	3
4	5	6
7	8	9

What to do:

- Print & cut out the number cards that have been shared with you.
- Mix up the numbers and put them face down.
- Ask your child to flip the top card and to tell you the number.
- Then ask your child to retrieve the correct number of objects. We recommend placing the objects away from the work area, so your child must go back and forth getting one object at a time. This will help reinforce which quantities are less or more through the number of trips your child must take.
- Once your child says he/she has the right amount, review the number card, and ask your child to count the objects to make sure the amount is correct.

Science (or Social Studies/Culture)

It's time to explore a new season! At school, we love to watch the seasons change and the children often like to bring the outdoors in when they find something unique. We encourage you to do this at home by creating a nature box! This box can be kept indoors, however, if you would prefer, it can be stored in a garage or shed. Please just make sure it is easy to retrieve and add to.



Here's what you'll need:

- a box or container to save your treasures in
- Time to explore the outdoors

What to do:

- It's simple! Enjoy some time together exploring the outdoors. Allow your child to collect items that remind them of the season. Please remind them that living things should remain outdoors in their environment.
- Ask your child to answer the following questions: What is special about this season? What have you found that is different? Would you find this in other seasons? Why or why not?

Purpose:

- Exploring the seasons helps children learn their order and gives them the opportunity to think about the passage of time.

Movement

An obstacle course doesn't have to be hard to make! All you need is some chalk and a driveway or sidewalk. Look at the example below to see how you can make a chalk drawing obstacle course. After doing this once, your child is sure to have some suggestions for next time!



Art

Do sculptures need to be made of marble or metal? No! Try making a 3D paper sculpture instead! Get ready to fold, cut, and glue to create sculptures from construction paper! We recommend using a full sheet of paper or even a piece of cardboard as base for your child's creation.

Here's what you'll need:

- construction paper
- cardboard (optional)
- scissors
- Glue

What to do:

- There is no right or wrong for making a paper sculpture. Encourage your child to use their imagination and create freely. Please see the pictures below for inspiration, but there is no need for your child to copy what you see here.

